## High & Low Force from Bowlees Visitor Centre, DL12 0XE

The path by the River Tees upstream from Low to High Force is one of the best-known footpaths in the north. This is understandable for it not only provides the best viewpoint for one of the most spectacular British waterfalls but is a superb riverside walk in itself. The return is on little-used paths and byways along the north side of the valley and is equally enjoyable. The 9 miles with 900ft of ascent BLACK clockwise route, crosses Wynch suspension bridge in order to visit both Low and High Force. There are several options to shorten this walk should this prove necessary.



