

**Crook** - Crook is surrounded by low hills and fields, and is blessed with plenty of public footpaths. Wear Walking for Health and Durham County Council's Parish Paths Partnership worked with several bodies to identify and promote four short walks around the rural fringes of Crook, and these are combined for a 9½ mile **YELLOW** walk (with 682 ft of ascent) to make a complete circuit of the countryside close to the town. The four walks have been labelled according to compass points, and the order in which they are combined in this walk is east, north, west and south. The starting point is the attractively paved Market Place, DL15 9ZS, in the centre of Crook.

